

All In The Mind (Change Your Thinking, Change Your Life) Part 2- Prepare our Minds

ICE BREAKER QUESTIONS

1. What motivates you?
2. Would you rather watch a movie on your TV at home or on the big screen in the theater, and why?

WORD

1 Peter 1:13 (NASB)

So prepare your minds for action, keep sober in spirit, set your hope completely on the grace to be brought to you at the revelation of Jesus Christ

Our mind is very important, and the wise man ever live on earth says, "Pay attention to my words. Bent your ear to my speech." *Solomon is talking about wisdom.* What is wisdom that we need to guard and protect your mind with it?

Our mind are very important than what we think it is. It is the very heart of our life, the very center that the enemy target.

God want to bless us or we are the recipients of God's blessings, but what the enemy do? What does Satan do? He enters into our life through sin and he rule in our life control our life because of sin and for that reason we are curse because of the lie, deception condemnation of the enemy in our life.

Let us prepare our minds, meaning "get ready", **Literally:** *"To pull up the belt (tightly), is a metaphor about removing mental slack. I believed this is where the word "are you losing your nuts" Loose screws Eliminating all useless thoughts (bad logic) by tightening the mind.*

That why believers must actively engage in creative critical thinking under God's works of sanctification, salvation through revelation of faith.

1 Peter 1:9 (NIV)

for you are receiving the end result of your faith, the salvation of your souls.

DISCUSSION

How can we prepare our mind for the day? Share your thoughts

WORD

1 Peter 1:13 (NASB)

So prepare your minds for action, keep sober in spirit, set your hope completely on the grace to be brought to you at the revelation of Jesus Christ

Three commands that we can learn on this verse.

1. Gird up the loins of your mind.

*“Now gird up your loins like a man; I will ask you, and you instruct Me”
(Job 38:3; 40:7).*

Peter tells us we are to gird up the loins of our mind. We are to have our thinking in order with no entangling doubts, fears, or reservations. Our mind should be prepared to act without hesitation. We see this mindset characterized in the fireman who is well prepared to respond immediately when a call comes and Tom Cruise the movie Maverick “You don't have time to think, just do it.”

2.Keep Sober

1 Peter 4:7 (NIV) The end of all things is near. Therefore, be alert and of sober mind so that you may pray.

Literally, to “keep sober” is to “stay sober,” that is, to not become drunk.

Metaphorically, being sober means to keep a clear head, to be clear minded and straight thinking.

Keeping sober is the mental condition which enables one to act prudently and with a clear head. Peter later exhorts his readers to be clear-headed so they can pray effectively

3. Set your Hope.

Prepare your hope completely on the grace to be brought to you at the revelation of Jesus Christ.

We have finally come to the third and primary command of this verse, even perhaps the foremost command of this epistle: “*set your hope completely on the grace to be brought to you at the revelation of Jesus Christ.*” We must first understand the unique dimensions of hope, especially in relation to “faith” and “love.”

“Faith,” “hope,” and “love” are often found closely linked to each other

What then does Peter mean when he instructs us to “prepare our hope ... ?”

DISCUSSION

Which of the commands that speaks to you the most? In what way we can be sober, gird the loins of the mind and set our hope?

LIFE APPLICATION

Let us prepare our minds by girding up the loins of the mind, keep sober and set our hope. When our affection is prepared upon heavenly things, we will gladly endure the trials and difficulties of this life

VERSE TO MEDITATE ON

1 Peter 5:8 (NIV)

Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour.

PRAYER

Share your prayer request and answered prayer. Pray for one another and throughout this week.

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