

Fight: Week 1- Dread

ICE BREAKER QUESTIONS

1. Where do you think fear comes from?
2. How is fear different in the life of a Christian than in a non-Christian?

WORD

We started a series called “FIGHT”. Why Fight? To address the issues in our life . The enemy has been robbing God`s promises and we are not aware.

The hardest fight we fight can be the ones we wage against ourselves like Dread, Disillusionment, Deception, Doubt (Unbelief), Disobedience, etc. Let us exercise discernment and take action against these inner struggles. It is time to declare a fight. Let us learn from David who fought Goliath. But before that, let us read how Goliath has been taunting the people of Israel with fear.

1 Samuel 17:9-11 (NIV)

9 If he is able to fight and kill me, we will become your subjects; but if I overcome him and kill him, you will become our subjects and serve us.”

10 Then the Philistine said, “This day I defy the armies of Israel! Give me a man and let us fight each other.” 11 On hearing the Philistine’s words, Saul and all the Israelites were dismayed and terrified.”

As we allow fear, it can shape us that leads to trauma. When we are traumatized , we froze.

DISCUSSION

1. What is/are your fears? How are you handling it?
2. Is it common for us have fears? Why or Why not.

Psalms 23:1-6 (NIV)

1 The LORD is my shepherd, I lack nothing.

1. PROVISION

2 He makes me lie down in green pastures, he leads me beside quiet waters, 3 he refreshes my soul. He guides me along the right paths for his name's sake.

2.PROTECTION

4 Even though I walk through the darkest valley, I will fear no evil, for you are with me; your rod and your staff, they comfort me. 5 You prepare a table before me in the presence of my enemies. You anoint my head with oil; my cup overflows.

3.PRESENCE

6 Surely your goodness and love will follow me all the days of my life, and I will dwell in the house of the Lord forever.

When fear overtakes us or if we allow fear to overtake us, we quench the Holy Spirit through fear and the inevitable result is we loose the focus on the Word of God.

DISCUSSION

Tell a story about a time when God came through for you with your fears? How did you feel God gave you greater strength to achieve victory?

LIFE APPLICATION

Let us fight a good fight of faith, it is not by our might nor by our power but by the Spirit of the Lord (Zechariah 4:6). When you feel fear, don't ignore, call for a fight otherwise sooner or later, you will face a giant and if you quit every time fears comes, you'll never be

anything for God. Dont keep on compromising things that are causing your defeat in your private life. Use our weapon and the authority of the Word of God.

VERSE TO MEDITATE ON

Isaiah 41:10 (NIV)

So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand.

PRAYER

Share your answered prayer. Pray for one another and throughout this week.



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